

# Can NewstrAid help you... or someone you know?

## Who do we help?

We help people and their immediate dependants who are facing hardship and who are or have been **employed in the sale or distribution of newspapers and magazines in the UK**. This means people who deal with newspapers and magazines from the time they leave the printing press until they reach the reader.



Anyone with a  
newstrade connection  
can ask us for help.

You might need support  
because of sickness, disability,  
bereavement, redundancy  
or just because you are  
struggling to make ends meet.

NewstrAid is here to ensure you  
don't suffer needlessly.

**FREEPHONE 0800 917 8616**  
Speak to a counsellor: 0808 196 2016  
[www.newstraid.org.uk](http://www.newstraid.org.uk)

# How can we help?



## FINANCIAL HELP\*

- Regular grants, to help with ongoing living costs
- One-off grants for 'in the moment' support
- Help for children and help with care home fees

NB all our grants are non-repayable and won't affect state benefit entitlement.



## EMOTIONAL SUPPORT

- Free wellbeing helpline and online resources
- Welfare Volunteer home visits
- Befriending calls



## ADVICE & SIGNPOSTING

- Free Debt Advice Helpline
- State benefits advice
- Support for the disabled & their carers



## SUPPORT SCHEMES

- Retailer Support Scheme – Financial and emotional support for retailers and their staff.
- In Work Support – supporting those currently in work



\*Applications for financial support are subject to a means test and require a confirmed newtrade connection.

**NewstrAid**   
The helping hand of the Newtrade 

Contact us for more information

Freephone 0800 917 8616

[www.newstraid.org.uk](http://www.newstraid.org.uk) | [mail@newstraid.org.uk](mailto:mail@newstraid.org.uk)

